

Alano Club of Kent County Meeting Schedule

1020 College Ave NE, Grand Rapids MI 49503 616-456-5709

C- Closed meeting to outside observers, students & professionals.

PHASE #1 OF NEW FLOORS

Sun. 8/23 through Sun. 9/13

Monday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – RM 2 – Steps to Serenity AFG – Al-Anon
9:00a – Balcony – Breathe Easy – AA
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM 3 – No First Drink – AA
Noon – RM 4 – Promise – AA
Noon –Keep on Growing – Women's – AA....RM #2
Noon – RM 5 – Keep Coming Back – NA-C
4:00 PM – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-C
6:00p – RM 1 – Just for Today – AA
6:30p – RM 3 – Atheists, Agnostics, & Freethinkers Group
7:00p – RM 2 – Friendly Fireside – Al-Anon
7:30p – Balcony – Life Club Group – Men's Stag – AA-C
7:30p – RM 5 – Open Change – NA

Tuesday

7:30a – RM 1 – Keeps Getting Better – AA
8:30a –Native Wisdom – AA....RM #2
9:00a – Balcony – Breathe Easy – AA
10:00a – RM 2 – Overeaters Anonymous
Noon –Keep Coming Back – NA-C.....CANCELLED
Noon –Issues & Tissues – Women's – AA....RM #5
Noon – RM 2 – Blueprint for Progress – Al-Anon
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM 3 – No First Drink – AA
Noon – RM 4 – Promises – AA
4:00 PM – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-C
6:00p – RM 1 – Just for Today – AA
6:00p –12 & 12-Women's Fireside – AA....RM #2
6:30p –SMART Recovery.....RM #3
6:45p – RM 4 – Refuge Recovery – Buddhist Pathway
6:45p – Balcony – The Recovery Barre
7:00p –Lotus of Hope – Marijuana Anon-C....RM #2
7:30p – RM 5 – Open to Change – NA

Wednesday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – Balcony – Breathe Easy – AA
9:00a – RM 2 – Courage to Change – Al-Anon
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM 2 –Wednesday Lunch Break-Al-Anon
Noon – RM 3 – No First Drink – AA
Noon – RM 4 – Promises – AA
Noon – RM 5 – Keep Coming Back – NA-C
1:00p –Back to Basic – AA....RM #1
4:00p – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-C
6:00p – RM 1 – Just for Today – AA
6:30p – RM 4 – Buddhist Recovery
7:30p – Balcony – Dual Diagnosis – DBT
7:30p – RM 5 – Open Change – NA
7:30p – RM 1 – Beginners Stag – Men's – AA-C
8:00p- Bond Street Group – Men's – AA-C.....RM #2

Thursday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – Balcony – Breathe Easy – AA
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM 3 – No First Drink – AA
Noon – RM 4 – Promises – AA
Noon – RM 5 – Keep Coming Back – NA-C
Noon –Keep on Growing – Woman's-AA.....RM #2
4:00p – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-C
6:00p – RM 1 – Just for Today – AA
6:30p –Women's Way – AA....RM #4
6:30p –SMART Recovery.....RM #5
7:00 – RM 2 – Progress not Perfection -Al-anon
7:30p – RM 3 – Atheists, Agnostics, & Freethinkers Group – AA
7:30p – RM 5 – Natural Life – NA-C
8:00p – Balcony – Young People of Alcoholics
Anonymous – AA

Friday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – Balcony – Breathe Easy – AA
9:00a – RM 2 – Stepping Stones Live – Al-Anon
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon –AA Literature Book Study – AA.....RM #5
Noon – RM 3 – No First Drink – AA
Noon – RM 2 – Reaching for Personal Freedom – Al-Anon
Noon – RM 4 – Promises – AA
Noon –Keep Coming Back – NA-C.....CANCELLED
4:00 PM – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Just for Today – AA
7:00p – Balcony – KCCO Speaker MTG – AA
7:30p – RM 1 – Beginners Stag – AA-Men's

Saturday

8:30a- Food Addicts in Recovery Anonymous-FA.....RM#4
9:00a – Balcony – Breathe Easy – AA
9:00a – RM 3 – John Wayne Meeting – AA
10:00a – RM 2 – AL-ANON
11:00a – RM 5 – Lotus of Hope – MA
11:30a –SMART Meeting.....RM #5
Noon –Ala-teen.....RM #3
Noon – Balcony – Men's Stag – AA
Noon – RM 1 – Surrender Group – AA
Noon –Woman Finding Solution's – NA-C.....RM #4
Noon – RM 2 – Saturday Sunshine – Al-Anon
3:00p –Bring your Truth – AA-LGBTQ+ Friendly.....RM #3
4:00p – Day Breakers - AA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Just for Today – AA
7:30p – Balcony – Saturday Night Live Speaker Meeting – AA
7:30p – RM 5 – Open to Change – NA

Sunday

9:00a – Balcony – Breathe Easy – AA
9:30a – RM 1 – Expect a Miracle – AA
9:30a – RM 2 – Sunday Serenity – Al-Anon
9:30a – RM 3 – The Breakfast Club – AA
9:30a –Grain of Sand – AA.....RM #5
11:30a –SMART.....RM #5
Noon – RM 3 – Sunday Funday – AA
4:00p – RM 1 -Day Breakers - AA
4:45p – RM 2 – ACA Workbook – ACA-**C**
5:00p-RM 3-A Freethinkers Journey - NA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Grand Rapids North ACA
7:00p – RM 2 – Opening Our Hearts – Al-Anon
7:00p – RM 5 – Sunday Night 12&12 – AA
7:15p – RM 1 – Loving Parent – ACA – **C**
7:30p – RM 4 – Open to Change – NA (Speaker meeting last Sunday of the month in Balcony)



Alano Club of Kent County Meeting Schedule

1020 College Ave NE, Grand Rapids MI 49503 616-456-5709

C- Closed meeting to outside observers, students & professionals.

PHASE #2 OF NEW FLOORS

Mon. 9/14 through Sat. 9/19

Monday

7:30a –Keeps Getting Better – AA.....BALCONY
9:00a –Steps to Serenity AFG – AI-Anon.....RM A
9:00a – Balcony – Breathe Easy – AA
Noon – Balcony – Noon Balcony Group – AA
Noon –Surrender Group – AA.....RM #4
Noon –No First Drink – AA.....RM A
Noon –Promises – AA.....RM C
Noon – RM B – Keep on Growing – Women’s – AA
Noon – RM 5 – Keep Coming Back – NA-C
4:00 PM –Day Breakers – AA.....BALCONY
5:30p – Balcony – Friendship Group – AA-C
6:00p –Just for Today – AA.....RM A
6:30p –Atheists, Agnostics, & Freethinkers Group-RM #4
7:00p –Friendly Fireside – AI-Anon.....RM C
7:30p – Balcony – Life Club Group – Men’s Stag – AA-C
7:30p – RM 5 – Open Change – NA

Tuesday

7:30a –Keeps Getting Better – AA.....BALCONY
8:30a – RM A – Native Wisdom – AA
9:00a – Balcony – Breathe Easy – AA
10:00a –Overeaters Anonymous.....RM C
Noon –Keep Coming Back – NA-C.....CANCELLED
Noon – RM A – Issues & Tissues – Women’s – AA
Noon –Blueprint for Progress – AI-Anon.....RM #5
Noon – Balcony – Noon Balcony Group – AA
Noon –Surrender Group – AA.....RM B
Noon –No First Drink – AA.....RM #4
Noon –Promises – AA.....RM C
4:00 PM –Day Breakers – AA.....BALCONY
5:30p – Balcony – Friendship Group – AA-C
6:00p –Just for Today – AA.....RM A
6:00p – RM C – 12 & 12-Women’s Fireside – AA
6:45p – RM 4- Refuge Recovery – Buddhist Pathway
6:30p –SMART Recovery.....CANCELLED
6:45p – Balcony – The Recovery Barre
7:00p – RM B – Lotus of Hope – Marijuana Anon-C
7:30p – RM 5 – Open to Change – NA

Wednesday

7:30a –Keeps Getting Better – AA.....BALCONY
9:00a – Balcony – Breathe Easy – AA
9:00a –Courage to Change – AI-Anon.....RM A
Noon – Balcony – Noon Balcony Group – AA
Noon –Surrender Group – AA.....RM #4
Noon- Wednesday Lunch Break-AI-Anon.....RM B
Noon –No First Drink – AA.....RM A
Noon –Promises – AA.....RM C
Noon – RM 5 – Keep Coming Back – NA-C
1:00p – RM C – Back to Basic – AA
4:00p–Day Breakers AA.....BALCONY
5:30p – Balcony – Friendship Group – AA-C
6:00p- Just for Today – AA.....RM A
6:30p – RM 4 – Buddhist Recovery
7:30p – Balcony – Dual Diagnosis – DBT
7:30p – RM 5 – Open Change – NA
7:30p –Beginners Stag – Men’s – AA-C.....RM A
8:00p – RM B – Bond Street Group – Men’s – AA-C

Thursday

7:30a –Keeps Getting Better – AA.....BALCONY
9:00a – Balcony – Breathe Easy – AA
Noon – Balcony – Noon Balcony Group – AA
Noon- Surrender Group – AA.....RM #4
Noon –No First Drink – AA.....RM A
Noon –Promises – AA.....RM C
Noon – RM 5 – Keep Coming Back – NA-C
Noon – RM B – Keep on Growing – Woman’s-AA
4:00p –Day Breakers – AA.....BALCONY
5:30p – Balcony – Friendship Group – AA-C
6:00p- Just for Today – AA.....RM A
6:30p – RM B – Women’s Way – AA
6:30p –SMART Recovery.....RM C
7:00p- -Progress Not Perfection -AI-Anon.....RM #5
7:30p –Atheists, Agnostics, & Freethinkers Group.....RM 4
7:30p –Natural Life – NA-C.....RM C
8:00p – Balcony – Young People of Alcoholics
Anonymous – AA

Friday

7:30a –Keeps Getting Better – AA....BALCONY
9:00a – Balcony – Breathe Easy – AA
9:00a –Stepping Stones Live – Al-Anon.....RM A
Noon – Balcony – Noon Balcony Group – AA
Noon – Surrender Group – AA....RM #4
Noon –AA Literature Book Study – AA.....RM B
Noon –No First Drink – AA.....RM A
Noon –Reaching for Personal Freedom.....RM #5
Noon –Promises – AA.....RM C
Noon –Keep Coming Back – NA-C....CANCELLED
4:00p-- -Day Breakers—AA....BALCONY
5:30p-Balcony – Friendship Group – AA-C
6:00p –Just for Today – AA....RM A
7:00p – Balcony – KCCO Speaker MTG – AA
7:30p –Beginners Stag – AA...Men’s-RM A

Saturday

8:30a – RM A – Food Addicts in Recovery Anonymous – FA
9:00a – Balcony – Breathe Easy – AA
9:00a –John Wayne Meeting – AA....RM B
10:00a –AL-ANON.....RM A
11:00a – RM 5 – Lotus of Hope – MA
11:30a –SMART Meeting.....RM #5
Noon –Ala-teen.....RM C
Noon – Balcony – Men’s Stag – AA
Noon –Surrender Group – AA....RM #4
Noon – RM B – Woman Finding Solution’s – NA-C
Noon –Saturday Sunshine – Al-Anon.....RM A
3:00p – RM A – Bring your Truth – AA-LGBTQ+ Friendly
4:00p – Day Breakers – AA....BALCONY
5:30p – Balcony – Friendship Group – AA-C
6:00p –Just for Today – AA....RM A
7:30p – Balcony – Saturday Night Live Speaker Meeting – AA
7:30p – RM 5 – Open to Change – NA

Sunday

9:00a – Balcony – Breathe Easy – AA
9:30a –Expect a Miracle – AA....RM B
9:30a –Sunday Serenity – Al-Anon.....RM #4
9:30a –The Breakfast Club – AA....RM #5
9:30a – RM A – Grain of Sand – AA
11:30a –SMART....RM C
Noon –Sunday Funday – AA....RM A
4:00p –Day Breakers – AA....BALCONY
4:45p –ACA Workbook-ACA-C....RM A
5:00p- Freethinkers Journey-NA....RM 4
5:30p – Balcony – Friendship Group – AA-C
6:00p –Grand Rapids North ACA.....RM A
7:00p –Opening Our Hearts – Al-Anon.....RM A
7:00p – RM 5 – Sunday Night 12&12 – AA
7:15p –Loving Parent – ACA – C....RM B
7:30p – RM 4 – Open to Change – NA (Speaker meeting last Sunday of the month in Balcony)



Alano Club of Kent County Meeting Schedule

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C- Closed meeting to outside observers, students & professionals.

PHASE #3 OF NEW FLOORS

Sun. 9/20 through Sat. 9/26

Monday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – RM 2 – Steps to Serenity AFG – Al-Anon
9:00a – Breathe Easy – AA....RM A
Noon – Noon Balcony Group – AA....RM A
Noon – RM 1 – Surrender Group – AA
Noon – RM 3 – No First Drink – AA
Noon – RM 4 – Promise – AA
Noon – RM B – Keep on Growing – Women's – AA
Noon – RM 5 – Keep Coming Back – NA-**C**
4:00 PM – RM 1 – Day Breakers – AA
5:30p – Friendship Group – AA-C....RM A
6:00p – RM 1 – Just for Today – AA
6:30p – RM 3 – Atheists, Agnostics, & Freethinkers Group
7:00p – RM 2 – Friendly Fireside – Al-Anon
7:30p – Life Club Group – Men's Stag – AA-C....RM A
7:30p – RM 5 – Open Change – NA

Tuesday

7:30a – RM 1 – Keeps Getting Better – AA
8:30a – Native Wisdom – AA....RM C
9:00a – Breathe Easy – AA....RM A
10:00a – RM 2 – Overeaters Anonymous
Noon – Keep Coming Back – NA-C....RM C
Noon – RM A – Issues & Tissues – Women's – AA
Noon – RM 2 – Blueprint for Progress – Al-Anon
Noon – Noon Balcony Group – AA....RM #5
Noon – RM 1 – Surrender Group – AA
Noon – RM 3 – No First Drink – AA
Noon – RM 4 – Promises – AA
4:00 PM – RM 1 – Day Breakers – AA
5:30p – Friendship Group – AA-C....RM A
6:00p – RM 1 – Just for Today – AA
6:00p – RM C – 12 & 12-Women's Fireside – AA
6:30p – RM A – SMART Recovery
6:45p – RM 4- Refuge Recovery – Buddhist Pathway
6:45p – The Recovery Barre....Cancelled or Outside
7:00p – RM B – Lotus of Hope – Marijuana Anon-**C**
7:30p – RM 5 – Open to Change – NA

Wednesday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – Breathe Easy – AA....RM A
9:00a – RM 2 – Courage to Change – Al-Anon
Noon – Noon Balcony Group – AA....RM A
Noon – RM 1 – Surrender Group – AA
Noon – RM 2 – Wednesday Lunch Break
Noon – RM 3 – No First Drink – AA
Noon – RM 4 – Promises – AA
Noon – RM 5 – Keep Coming Back – NA-**C**
1:00p – RM C – Back to Basic – AA
4:00p – RM 1 – Day Breakers – AA
5:00p – RM 3 – A Freethinkers Journey – NA
5:30p – Friendship Group – AA-C....RM A
6:00p – RM 1 – Just for Today – AA
6:30p – RM 4 – Buddhist Recovery
7:30p – Dual Diagnosis – DBT....RM #2
7:30p – RM 5 – Open Change – NA
7:30p – RM 1 – Beginners Stag – Men's – AA-**C**
8:00p – RM B – Bond Street Group – Men's – AA-**C**

Thursday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – Breathe Easy – AA....RM A
Noon – Noon Balcony Group – AA....RM A
Noon – RM 1 – Surrender Group – AA
Noon – RM 3 – No First Drink – AA
Noon – RM 4 – Promises – AA
Noon – RM 5 – Keep Coming Back – NA-**C**
Noon – RM B – Keep on Growing – Woman's-AA
4:00p – RM 1 – Day Breakers – AA
5:30p – Friendship Group – AA-C....RM A
6:00p – RM 1 – Just for Today – AA
6:30p – RM B – Women's Way – AA
6:30p – SMART Recovery....RM C
7:00 - RM 2 - Progress not Perfection -Al-anon
7:30p – RM 3 – Atheists, Agnostics, & Freethinkers Group – AA
7:30p – RM 5 – Natural Life – NA-**C**
8:00p – Young People of AA-AA....RM #4

Friday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a –Breathe Easy – AA....RM A
9:00a – RM 2 – Stepping Stones Live – Al-Anon
Noon –Noon Balcony Group – AA.....RM A
Noon – RM 1 – Surrender Group – AA
Noon – RM C – AA Lit. Book Study – AA
Noon – RM 3 – No First Drink – AA
Noon – RM 2 – Reaching for Personal Freedom – Al-Anon
Noon – RM 4 – Promises – AA
Noon – RM 5 – Keep Coming Back – NA-**C**
4:00 PM – RM 1 – Day Breakers – AA
5:30p –Friendship Group – AA-C.....RM A
6:00p – RM 1 – Just for Today – AA
7:00p –KCCO Speaker MTG – AARM 3
7:30p – RM 1 – Beginners Stag – AA-Men's

Saturday

8:30a –Food Addicts in Recovery Anonymous – FA....RM #4
9:00a –Breathe Easy – AA.....RM A
9:00a – RM 3 – John Wayne Meeting – AA
10:00a – RM 2 – AL-ANON
11:00a – RM 5 – Lotus of Hope – MA
11:30a – RM A – SMART Meeting
Noon – Library – Ala-teen
Noon – Balcony – Men's Stag – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM B – Woman Finding Solution's – NA-**C**
Noon – RM 2 – Saturday Sunshine – Al-Anon
3:00p – RM A – Bring your Truth – AA-LGBTQ+ Friendly
4:00p – Day Breakers - AA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Just for Today – AA
7:30p – Balcony – Saturday Night Live Speaker Meeting – AA
7:30p – RM 5 – Open to Change – NA

Sunday

9:00a – Balcony – Breathe Easy – AA
9:30a – RM 1 – Expect a Miracle – AA
9:30a – RM 2 – Sunday Serenity – Al-Anon
9:30a – RM 3 – The Breakfast Club – AA
9:30a – RM A – Grain of Sand – AA
11:30a – RM A – SMART
Noon – RM 3 – Sunday Funday – AA
4:00p – RM 1 -Day Breakers - AA
4:45p – RM 2 – ACA Workbook – ACA-**C**
5:00p-RM 3-A Freethinkers Journey - NA
5:30p –Friendship Group – AA-C ... RM A
6:00p – RM 1 – Grand Rapids North ACA
7:00p – RM 2 – Opening Our Hearts – Al-Anon
7:00p – RM 5 – Sunday Night 12&12 – AA
7:15p – RM 1 – Loving Parent – ACA – **C**
7:30p – RM 4 – Open to Change – NA (Speaker meeting last Sunday of the month in Balcony)



Alano Club of Kent County Meeting Schedule

1020 College Ave NE, Grand Rapids MI 49503 616-456-5709

C- Closed meeting to outside observers, students & professionals.

PHASE #4 OF NEW FLOORS

Sun. 9/27 through Sat. 10/03

Monday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – RM 2 – Steps to Serenity AFG – Al-Anon
9:00a – Balcony – Breathe Easy – AA
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM 3 – No First Drink – AA
Noon –Promises – AA.....RM C
Noon – RM B – Keep on Growing – Women’s – AA
Noon –Keep Coming Back – NA-C.....RM A
4:00 PM – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Just for Today – AA
6:30p – RM 3 – Atheists, Agnostics, & Freethinkers Group
7:00p – RM 2 – Friendly Fireside – Al-Anon
7:30p – Balcony – Life Club Group – Men’s Stag – AA-**C**
7:30p –Open Change – NA.....RM A

Tuesday

7:30a – RM 1 – Keeps Getting Better – AA
8:30a – RM A – Native Wisdom – AA
9:00a – Balcony – Breathe Easy – AA
10:00a – RM 2 – Overeaters Anonymous
Noon –Keep Coming Back – NA-C..... RM B
Noon – RM A – Issues & Tissues – Women’s – AA
Noon – RM 2 – Blueprint for Progress – Al-Anon
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM 3 – No First Drink – AA
Noon –Promises – AA.....RM C
4:00 PM – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Just for Today – AA
6:00p – RM C – 12 & 12-Women’s Fireside – AA
6:30p – RM A – SMART Recovery
6:45p – Refuge Recovery..... RM 3
6:45p – Balcony – The Recovery Barre
7:00p – RM B – Lotus of Hope – Marijuana Anon-**C**
7:30p –Open to Change – NA..... RM 1

Wednesday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – Balcony – Breathe Easy – AA
9:00a – RM 2 – Courage to Change – Al-Anon
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM 2 – Wednesday Lunch Break-Al-Anon
Noon – RM 3 – No First Drink – AA
Noon –Promises – AA.....RM C
Noon –Keep Coming Back – NA-C.....RM A
1:00p – RM C – Back to Basic – AA
4:00p – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Just for Today – AA
6:30p –Buddhist Recovery.....RM 3
7:30p – Balcony – Dual Diagnosis – DBT
7:30p –Open Change – NA.....RM #2
7:30p – RM 1 – Beginners Stag – Men’s – AA-**C**
8:00p – RM B – Bond Street Group – Men’s – AA-**C**

Thursday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – Balcony – Breathe Easy – AA
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM 3 – No First Drink – AA
Noon –Promises – AA.....RM C
Noon –Keep Coming Back – NA-C.....RM A
Noon – RM B – Keep on Growing – Woman’s-AA
4:00p – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Just for Today – AA
6:30p – RM B – Women’s Way – AA
6:30p –SMART Recovery.....RM C
7:00 - RM 2 - Progress Not Perfection -Al-anon
7:30p – RM 3 – Atheists, Agnostics, & Freethinkers Group – AA
7:30p –Natural Life – NA-C.....RM A
8:00p – Balcony – Young People of Alcoholics
Anonymous – AA

Friday

7:30a – RM 1 – Keeps Getting Better – AA
9:00a – Balcony – Breathe Easy – AA
9:00a – RM 2 – Stepping Stones Live – Al-Anon
Noon – Balcony – Noon Balcony Group – AA
Noon – RM 1 – Surrender Group – AA
Noon –AA Literature Book Study – AA....RM B
Noon – RM 3 – No First Drink – AA
Noon – RM 2 – Reaching for Personal Freedom – Al-Anon
Noon –Promises – AA....RM C
Noon –Keep Coming Back – NA-C....RM A
4:00 PM – RM 1 – Day Breakers – AA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Just for Today – AA
7:00p – Balcony – KCCO Speaker MTG – AA
7:30p – RM 1 – Beginners Stag – AA-Men's

Saturday

8:30a – RM A – Food Addicts in Recovery Anonymous – FA
9:00a – Balcony – Breathe Easy – AA
9:00a – RM 3 – John Wayne Meeting – AA
10:00a – RM 2 – AL-ANON
11:00a – RM 5 – Lotus of Hope – MA
11:30a – RM A – SMART Meeting
Noon – Library – Ala-teen
Noon – Balcony – Men's Stag – AA
Noon – RM 1 – Surrender Group – AA
Noon – RM B – Woman Finding Solution's – NA-**C**
Noon – RM 2 – Saturday Sunshine – Al-Anon
3:00p – RM A – Bring your Truth – AA-LGBTQ+ Friendly
4:00p – Day Breakers - AA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Just for Today – AA
7:30p – Balcony – Saturday Night Live Speaker Meeting – AA
7:30p – RM 5 – Open to Change – NA

Sunday

9:00a – Balcony – Breathe Easy – AA
9:30a – RM 1 – Expect a Miracle – AA
9:30a – RM 2 – Sunday Serenity – Al-Anon
9:30a – RM 3 – The Breakfast Club – AA
9:30a – RM A – Grain of Sand – AA
11:30a – RM A – SMART
Noon – RM 3 – Sunday Funday – AA
4:00p – RM 1 -Day Breakers - AA
4:45p – RM 2 – ACA Workbook – ACA-**C**
5:00p-RM 3-A Freethinkers Journey - NA
5:30p – Balcony – Friendship Group – AA-**C**
6:00p – RM 1 – Grand Rapids North ACA
7:00p – RM 2 – Opening Our Hearts – Al-Anon
7:00p – RM 5 – Sunday Night 12&12 – AA
7:15p – RM 1 – Loving Parent – ACA – **C**
7:30p – RM 4 – Open to Change – NA (Speaker meeting last Sunday of the month in Balcony)

